

# COLORFUL FOOD CHECK-IN

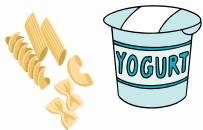
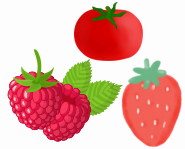
Monday

Tuesday

Wednesday

Thursday

Friday

























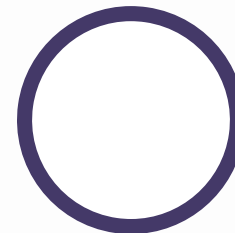
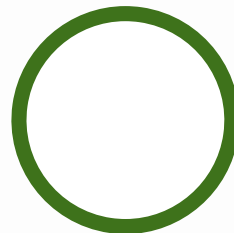
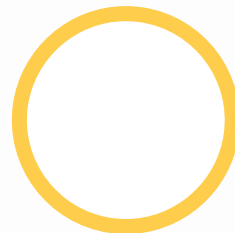
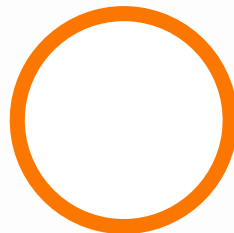
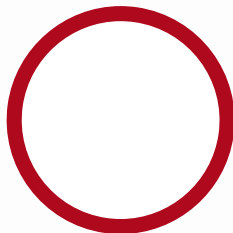








TOTAL



Points:

- Red: 3
- Orange: 3
- Yellow: 2
- Green: 5
- Blue/Purple: 5
- White (no sugar): 3